#### WAXING

Using a warm wax for a smooth hair free finish.

£32 £25 £20 £13/15

£15 £11 £15

£15 £25 £20

£20 £12

£8

Full leg	1 hour
¾ leg	45 min
½ leg	30 min
Bikini line/large	15 min
Under arm	15 min
Lip	10 min
Lip & chin	15 min
Eye brows	15 min
Full arms	45 min
Forearms	30 min
Full face	30 min
Face (sides)	15 min
Patches	15 min

# GIFT VOUCHERS AVAILABLE

for the perfect present

# **OPENING TIMES**

Tuesday Thursday Friday Saturday	9.30 am – 9 pm 9.30 am – 9 pm 9.30 am – 6 pm 9.30 am – 6pm	
Other appointment time	es available, enquire within.	
Judy Salmon I.H.B.C Dip CAMEO BEAUTY CLINIC 263 GOLDSTONE CRESCENT		

63 GOLDSTONE CRESCENT HOVE BN3 6BG

Tel: 01273 505 840 Mobile: 07840 914 510 Judy.salmon@hotmail.co.uk

## www.cameobeautyclinic.co.uk



Clients are required to give 24 hours notice if they wish to cancel an appointment. Otherwise a 50% charge will be made.

- Special course prices available
- Fully qualified therapist
- Over 20 years' experience
- Free easy parking
- Full range of treatments
- Payment by cash, cheque or BACS

# CAMEO BEAUTY CLINIC



# Offers the latest and most sought after treatments

Tel: 01273 505 840 Mobile: 07840 914 510

### EXTRAS

Insulated needle	£5
Gold needle	£5
Faradic muscle toning	£20
Face, neck and shoulder massage	£20



# **BEAUTY OF THE FACE**

#### TITANIUM SKIN NEEDLING

(Anti-ageing, scaring, stretch marks and cellulite)

Skin needling allows for controlled induction of the skin's self-repair mechanism, triggering the natural wound healing process. New collagen and elastin are formed to reduce wrinkle depth, increase skin elasticity and improve the appearance of scars and other skin flaws. The result is smoother, firmer and younger looking skin. 1<sup>st</sup> £102, 2<sup>nd</sup> £ 3<sup>rd</sup> £129 1 hour

#### NON SURGICAL FACELIFT

(Lifting, anti-ageing, exfoliating & renewing)

The non-surgical face-lift combines Galvanic, Sonic Peel Exfoliator, Microcurrent lifting and Ultrasound facial technology. It facilitates the penetration of active substances in the skin and contributes to blemishes removal. You can have separate express facial treatment for lifting, exfoliating and renewing skin but also combined for an ultimate anti-age facial treatment.

Trial session (1 ½ hour)	£30
Single session (1 hour)	£50
Full eye treatment	£35

#### DIAMOND PEEL

(Dermabrasion)

For all skin types, especially good for wrinkles, scaring, age spots and pigmentation. Ideal for both men and women seeking to turn back the effects of time and desiring healthy, younger looking skin. 1¼ hour £70

#### EXPRESS ENERGISING, RADIANCE TREATMENT

This treatment will deliver energising and firming minerals to increase moisture levels and plump the skin, giving wrinkle reduction of up to 27% and a translucent radiance you never thought possible in just 40 minutes. Ideal for pre-special occasions or as an express skin overhaul. £42 40 minutes

#### THE SKIN BESPOKE TREATMENT

Tailor-made to give your skin a substantial treat, ideal when time is of the essence. Includes exfoliation, massage and mask to suit your skin's needs. 45 minutes £40

#### THE AGE DEFENCE SENSITIVE SKIN TREATMENT

A treatment developed for fragile and sensitive skin issues. Your skin will be calmed, soothed, strengthened and more able to defend itself against premature ageing. You will be indulged in 60 minutes of pure bliss, while your skin receives the ultimate result-driven treatment. For longterm effectiveness, a course of treatments will be recommended depending on your skin's needs. 1 HOUR £52



#### Cameo Beauty Clinic, 01273 505 840, 07840 914 510

#### THE DEEP CLEANSING SKIN TREATMENT

A treatment developed to deep cleanse and detoxify your skin, leaving you looking luminous with a refined skin texture and reduction in pore size. You will be indulged in 60 minutes of pure bliss while your skin receives the ultimate resultdriven treatment. For long term effectiveness, a course of treatments will be recommended, depending on your skin's needs. 1 hour £47

#### THE SKIN PERFECTING ANTI-OXIDANT TREATMENT

A double mask treatment packed full of powerful superfoods, rich in cell protecting Anti-Oxidants along with Vitamin C for skin luminosity and to boost your Collagen and Elastin production. FucoWhite<sup>™</sup> will regulate patchy pigmentation or uneven skin tone. After 1 treatment, your skins youth mechanisms will be ignited, perfectly hydrated and luminous in appearance, with a more even colour and perfected complexion. For long term effectiveness or to treat patchy pigmentation a course of treatments will be recommended depending on the needs of your skin. 1 hour

#### THE AGE DEFENCE RESURFACING TREATMENT

This treatment reduces the depth of fine lines, improves the appearance of scar tissue and evens out skin colour. Thanks to powerful active ingredients, we energise your skin function. Leaving your skin smooth, plump and even in tone. 1 hour

£62



#### THE AGE DEFENCE NOURISHING HYDRATING TREATMENT

A treatment developed to hydrate the skin and reactivate the natural oil levels if they are underactive. Your skin will be hydrated, supple and smooth, open pores reduced, fine lines plumped and more able to defend itself against premature ageing. You will be indulged in 80 minutes of pure bliss, while your skin receives the ultimate result-driven treatment. For longterm effectiveness, a course of treatments will be recommended depending on your skin's needs. 1½ hour £67

#### FARADIC FACIAL

An electrical muscle machine which stimulates, tones and shapes the facial contours for a more youthful look. £45 1 hour

#### MANUAL LYMPH DRAINAGE FACIAL

Excellent for improving the lymphatic flow to aid a clear complexion. 45 min £38

#### THE INSTANT EFFECT EYE TREATMENT

The ultimate add-on treatment to enjoy while you're having your manicure or pedicure. Ideal for pre-special occasion Your skin around the delicate eye area will look visibly luminous, plumped and smooth and will feel hydrated, firm and revitalised. Clinical Efficiency Results\* 70% Reduction in wrinkles 85% Revitalised skin 80% Plumped up the skin.

\*In-use test with n=20, SIT, Skin Investigation and Technology Hamburg, 2004, Germany 20 min £25

#### THE ANTI-AGEING DELUX EYE TREATMENT

A deluxe treatment for your complete eye area, to reduce puffiness and dark circles and capture every smile and frown line. Your complete eye area will be revitalised, hydrated, plumped and bright. For long term effectiveness, a course of treatments to suit your skin's needs are recommended. Clinical Efficiency Results\* 70% Reduction in wrinkles 85% Revitalised skin 80% Plumped up the skin.

\*In-use test with n=20, SIT, Skin Investigation and Technology Hamburg, 2004, Germany £47 1 hour

Eye brow shape	15 min	£15
Eye brow tint*	15 min	£15
Eye lash tint*	30 min	£18
Eye lash & brow tint*	45 min	£30
Eye treatment	30 min	£30
(to reduce nuffiness dark circles	eve hags and wrinkles)	

(to reduce puffiness, dark circles, eye bags and wrinkles)

\*a skin test is required 24 hours prior the tinting

# **BEAUTY OF THE HANDS & FEFT**

#### REFLEXOLOGY

Relaxing, re-energising, re-balancing to mind, l	oody and
spirit.	
1 hour	£40

#### PARAFFIN WAX treatment for hands & feet

Ideal for dry skin, nails, o	cuticles, aches and	pains.
Softens and soothes.	30 min	£18

#### MANICURE & PEDICURE

File and re varnish	15 min	£11
Luxury manicure	1 hour	£23
De-luxe manicure	1 ¼ hour	£23
Luxury pedicure	1 hour	£28
De-luxe pedicure	1 ¼ hour	£33

(for pedicures with varnish – please can clients wear flip flops)



# BEAUTY OF THE BODY

#### HOT STONE MASSAGE

A deeply relaxing experience using hot stones to unwind your body and mind. Each stroke of one stone is equivalent to 5 - 10 of the hand. Using aromatherapy oil to enhance the treatment you will be in seventh heaven guaranteed!

1 ¼ hour £55



#### MASSAGE

Using oils to alleviate the build up of stress and tension in the muscles from every day use.

20 min	£25
30 min	£35
45 min	£45
1 hour	£50

#### SPORTS MASSAGE

Deep muscle massage to relieve tension. 45 min ALTERNATIVE/HOLISTIC TREATMENTS

#### AROMATHERAPY MASSAGE

Treat your mind, body and spirit using essential oils to ease aches and pains. Stimulates, relaxes and improves circulation and lymphatic drainage. 1 ¼ hour £50

#### INDIAN HEAD MASSAGE

Relax, relieve your stress, improve your lymphaticdrainage, scalp and hair condition and muscletone.....psychologically uplifting.45 min£35

#### REIKI

An extremely relaxing treatment using healing energies to calm the mind and body. 1 ¼ hour £35

### HOPI EAR CANDLES

Ideal for headaches, colds, sinusitis, glue ear, tinnitus, ear pressure. Naturally syringes the ears, relaxing and soothing. 1 hour £30

#### ELECTROLYSIS

For the permanent removal of unwanted hair on face and body.

Up to 10 min	£20
15 min	£22
20 min	£28
30 min	£35
45 min	£45
1 hour	£50

#### ADVANCED ELECTROLYSIS

The safe and effective way of removing thread veins, skin tags, milia, warts and moles. A doctor's note is required for removal of moles.

Patch test	£15
10 min	£25
15 min	£30
20 min	£35
30 min	£40
45 min	£50
1 hour	£62



£40